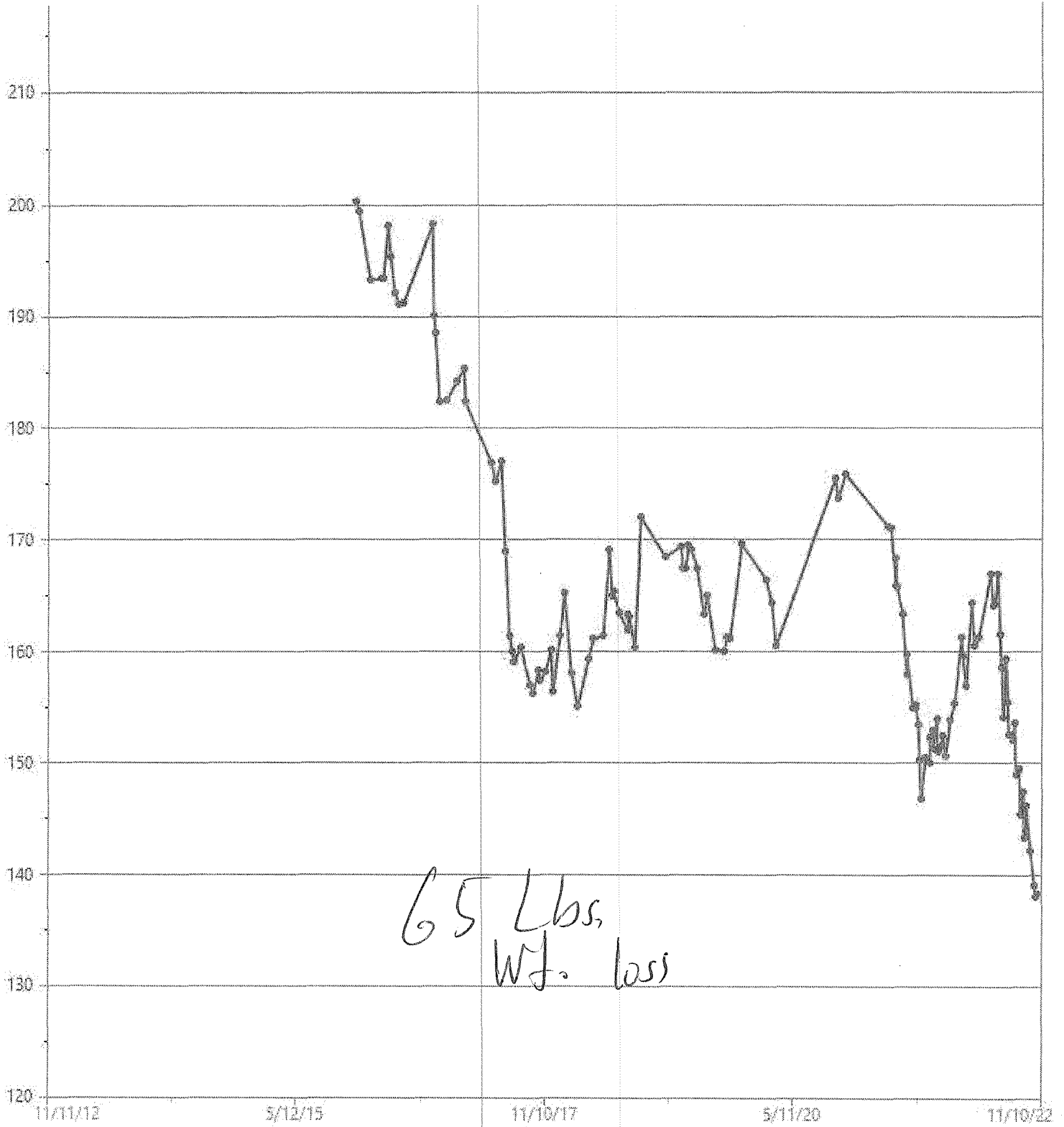
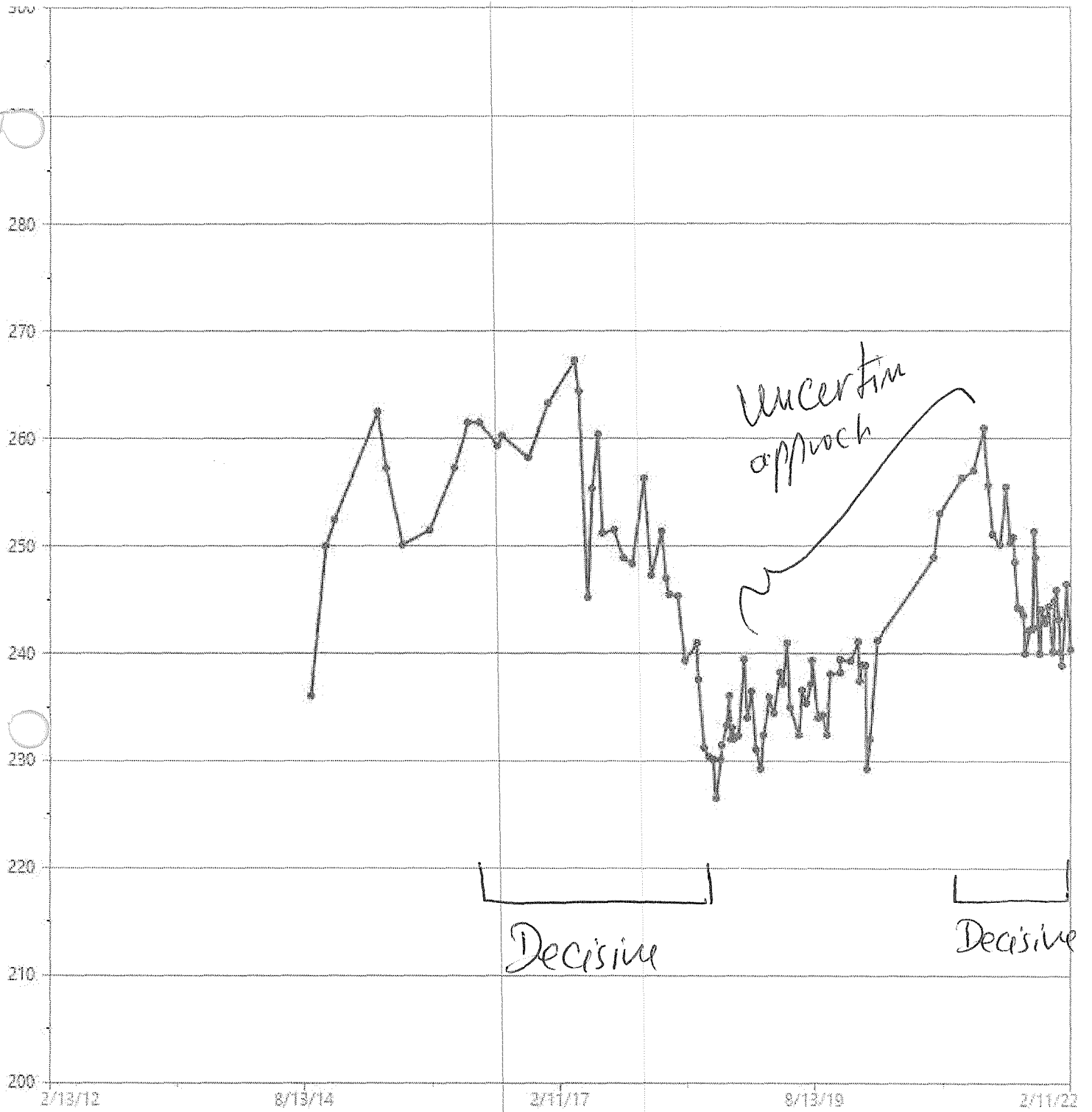


60 ÷ 225
 26%
 w.t. loss
 of original
 weight

self explained.

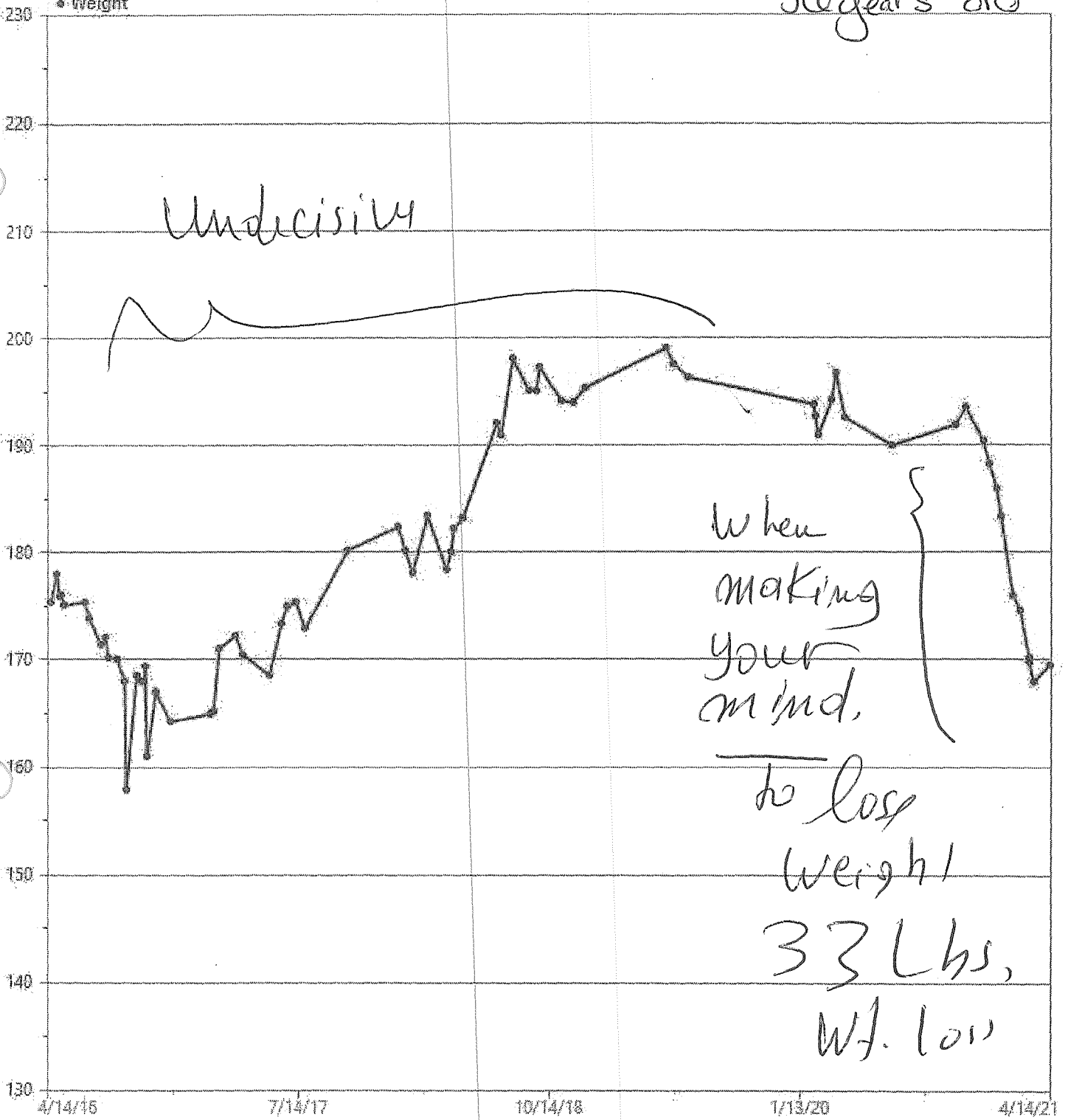


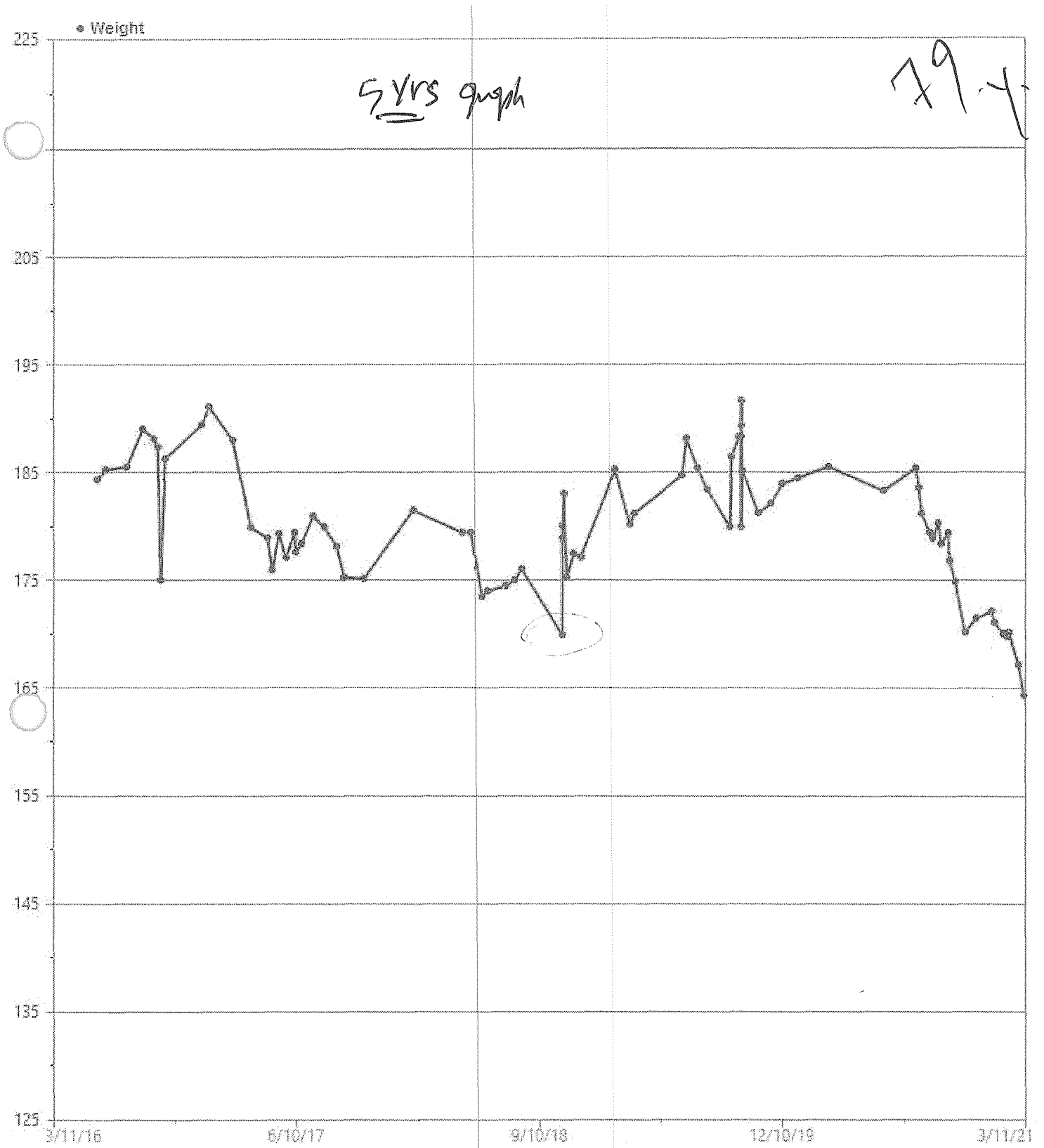
Persistent work Pays off



56 years old

• Weight





MH
①



80%

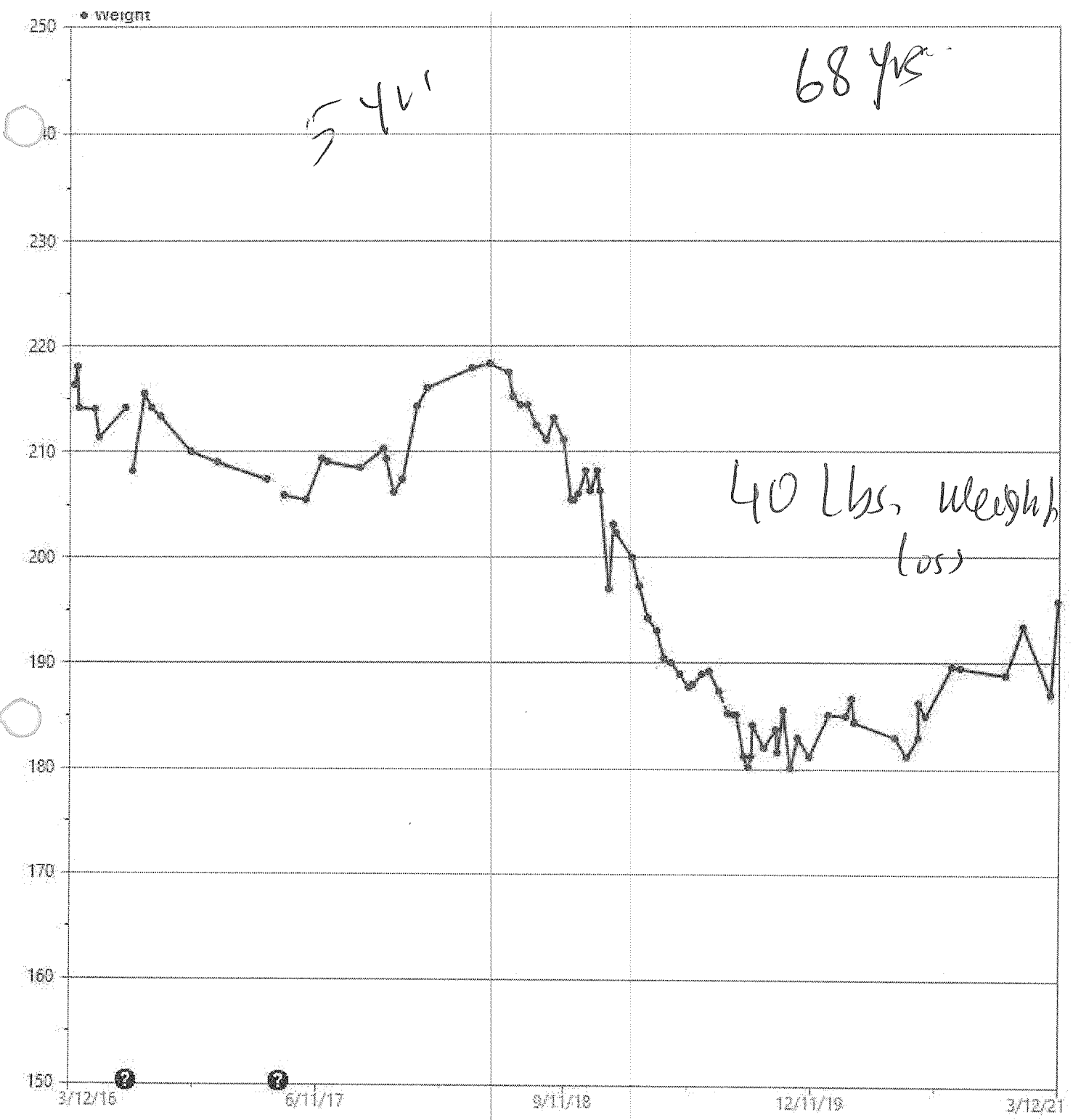
193

lost
40 lbs

153

Maintaining &
losing more

MH
②



A.T



65 Lbs. weight

lost

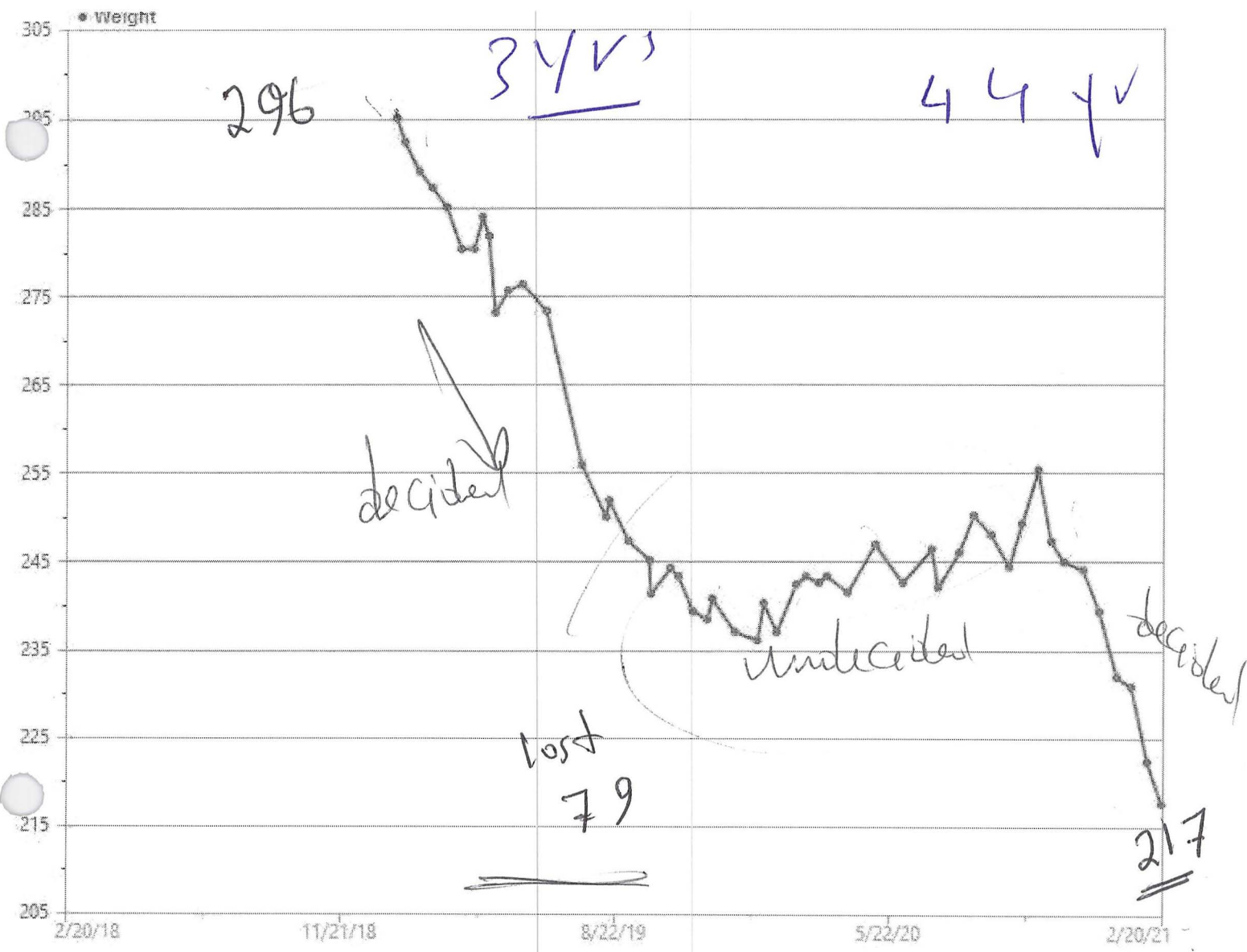
48 yrs.

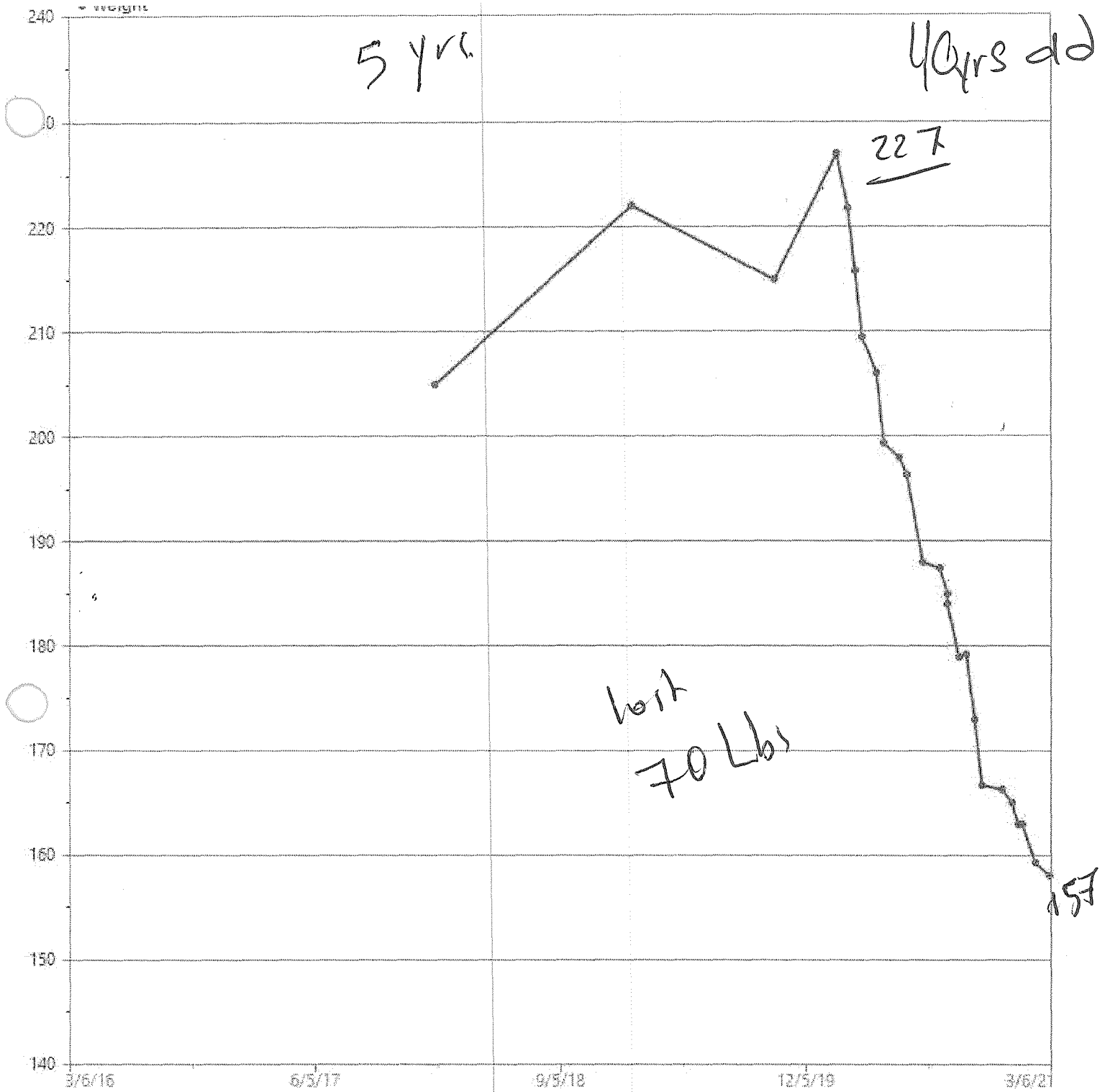


Decided

unstable

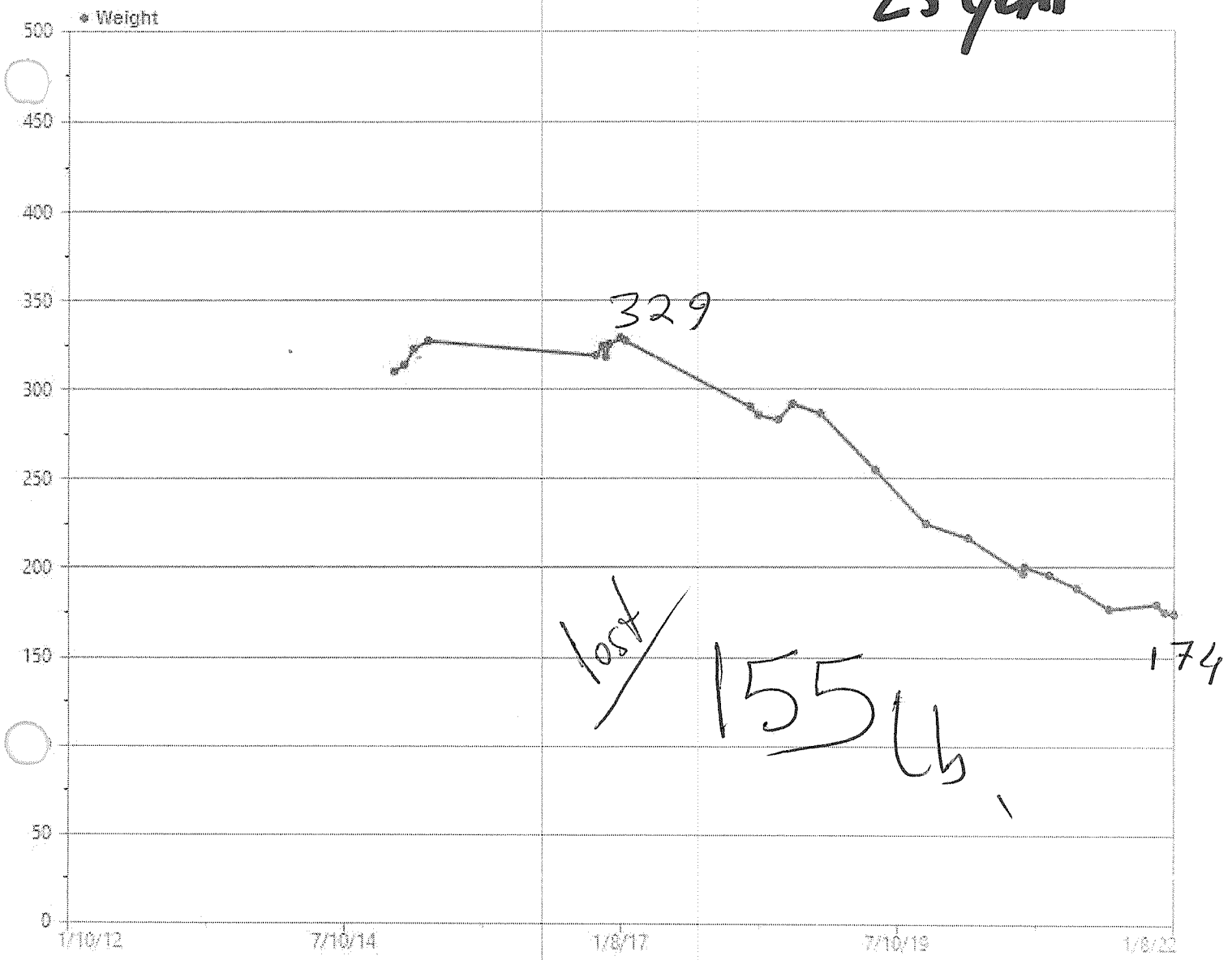
negatively
& trying
other
programs

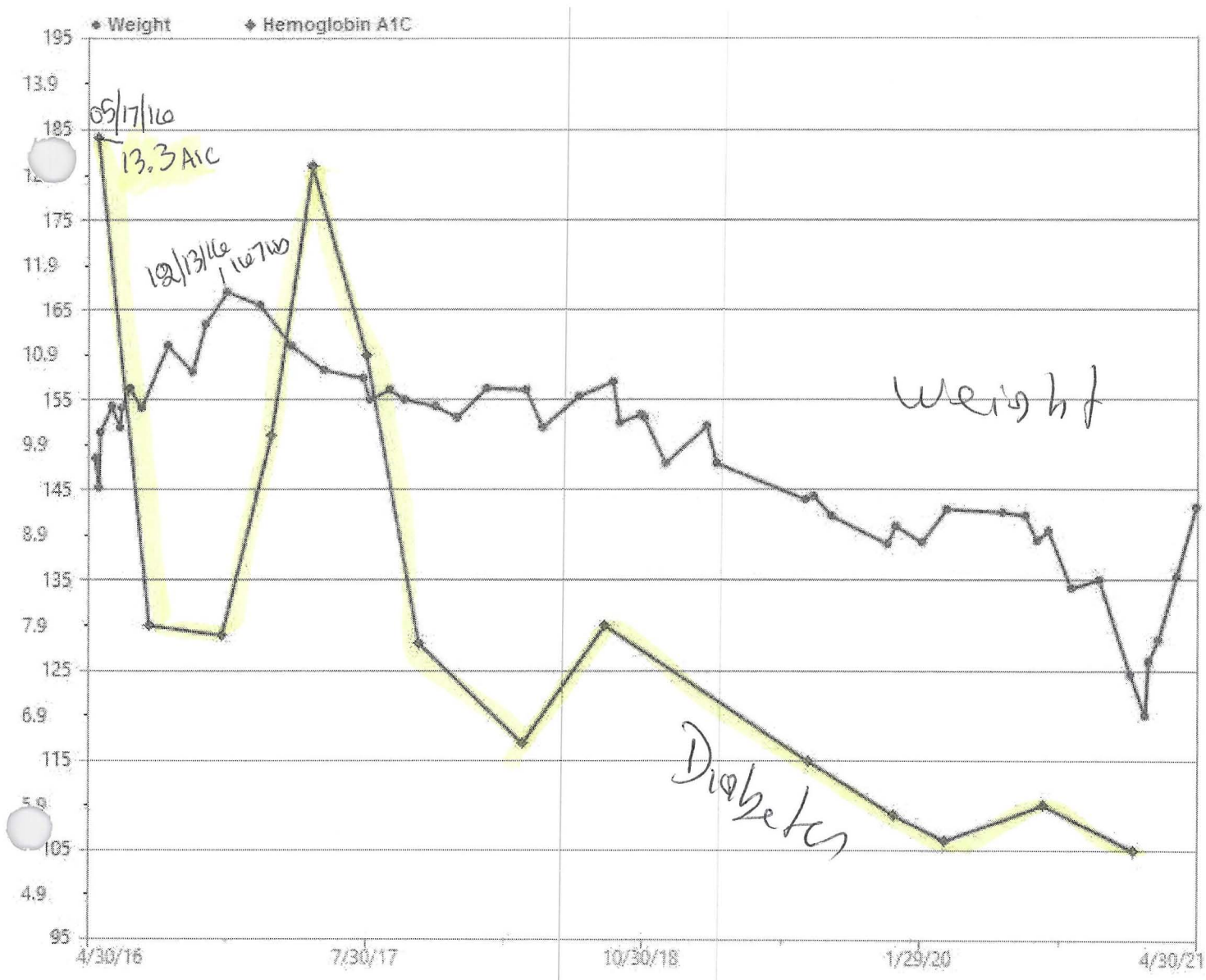


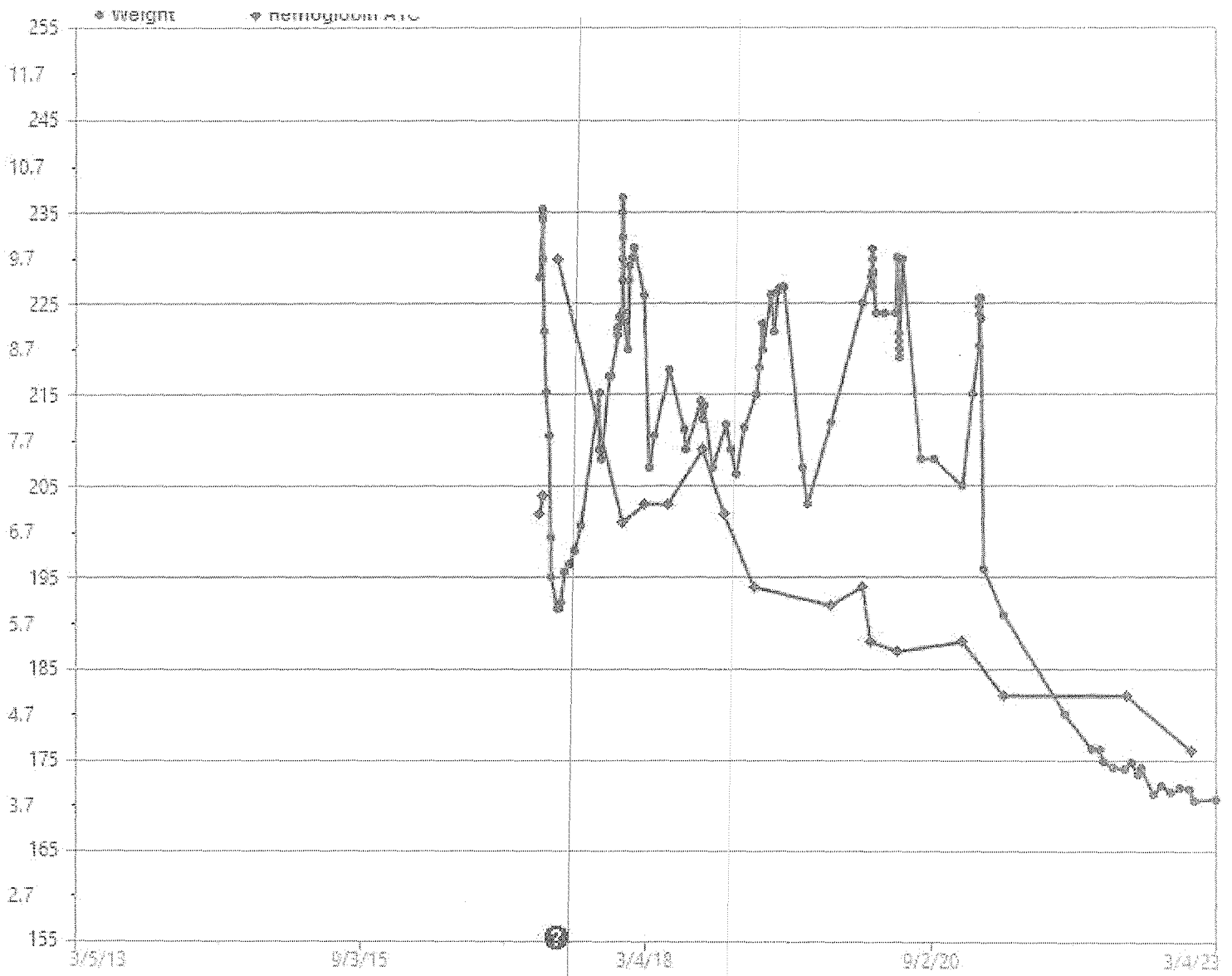


JH
①

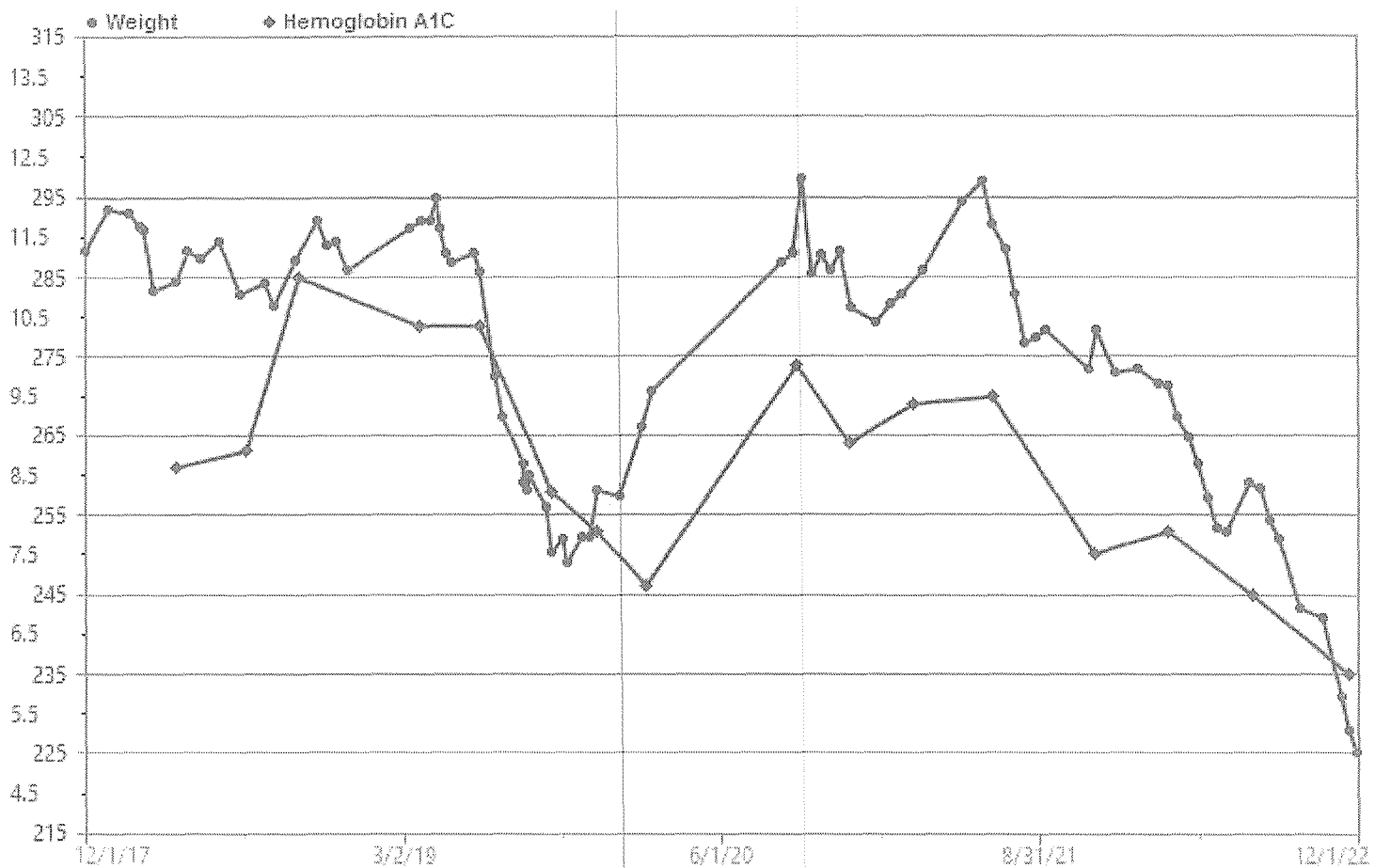
23 years



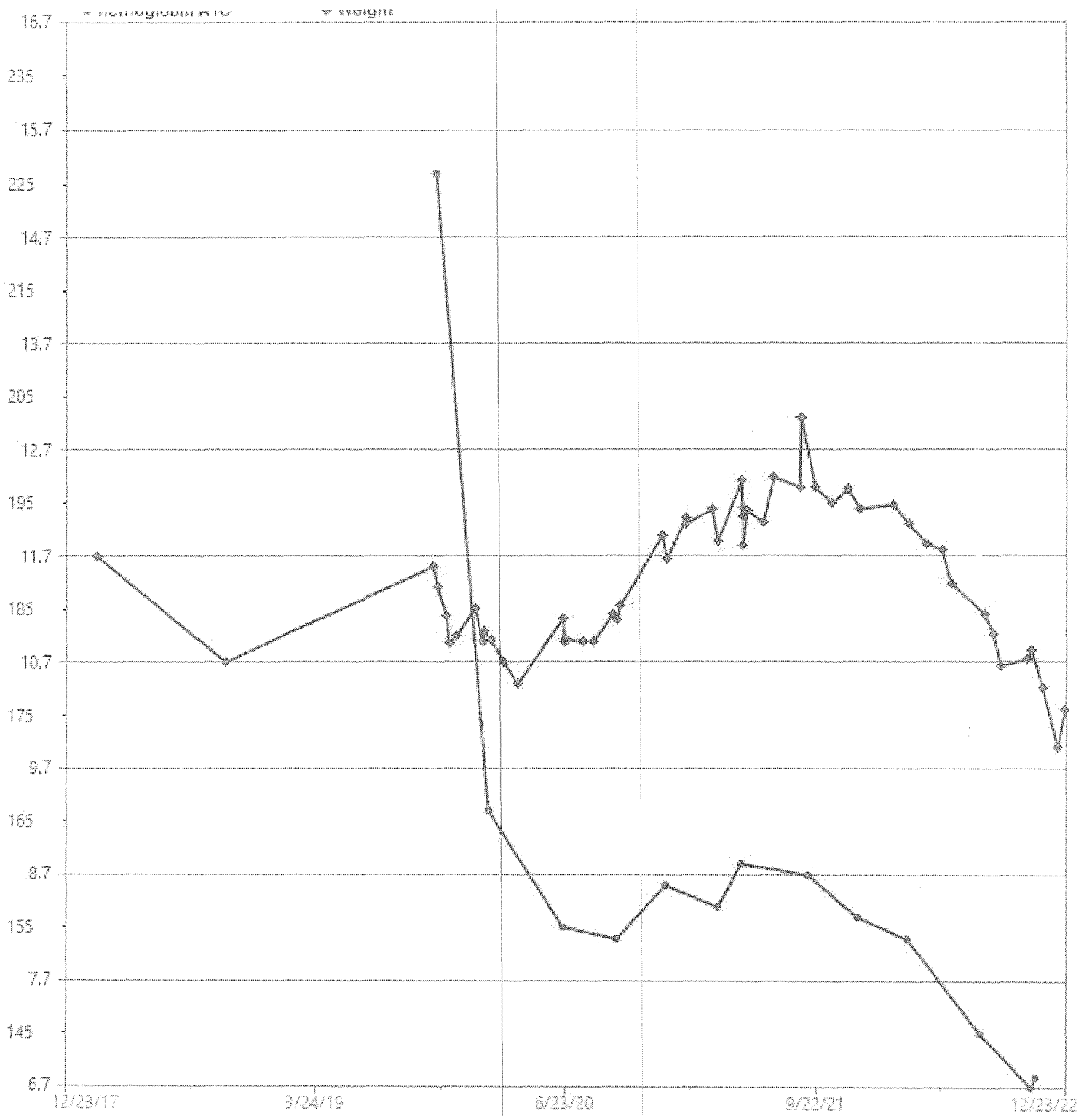




also both
Diabetes & weight
Go Down

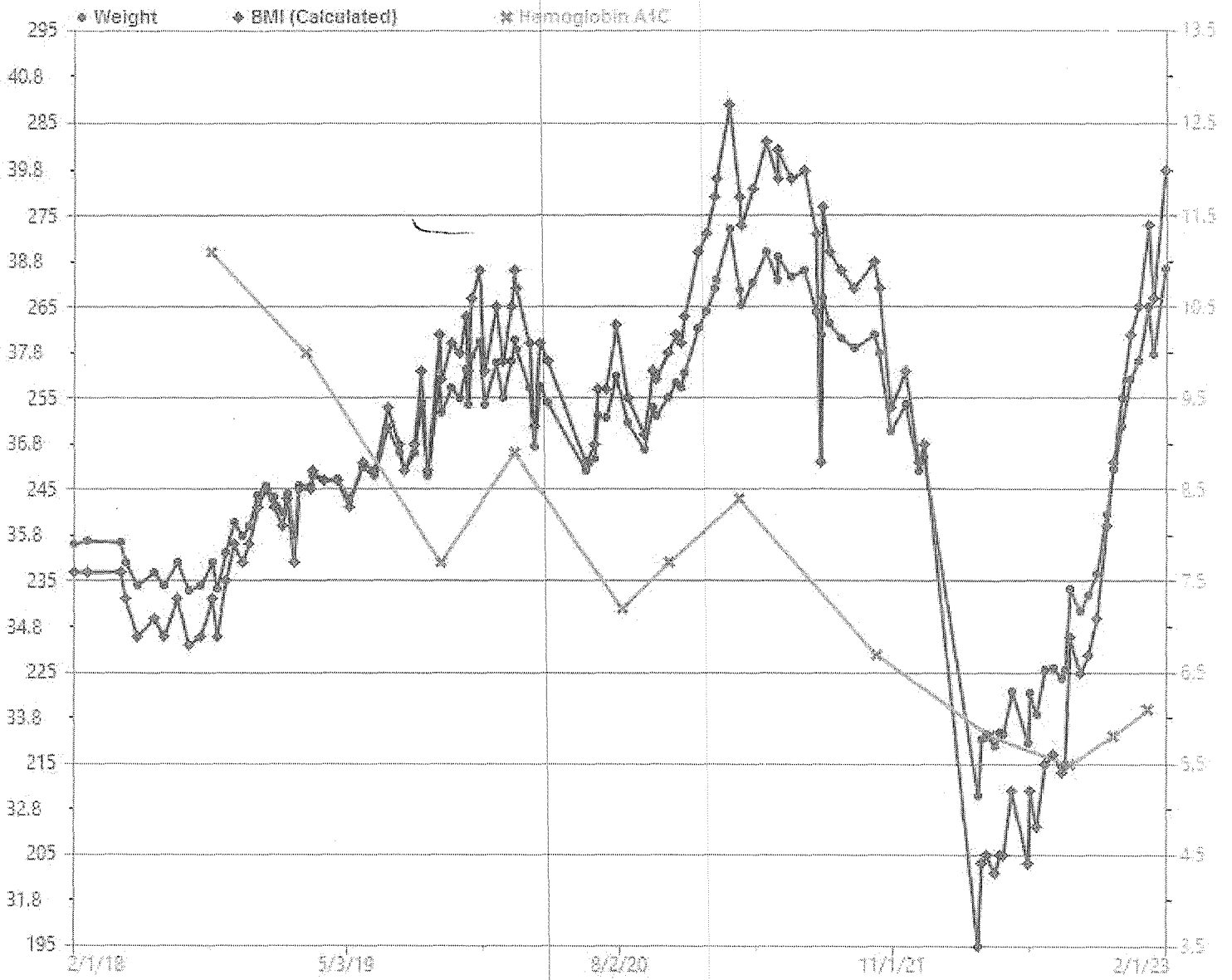


Diabetes improves as the weight decreases.

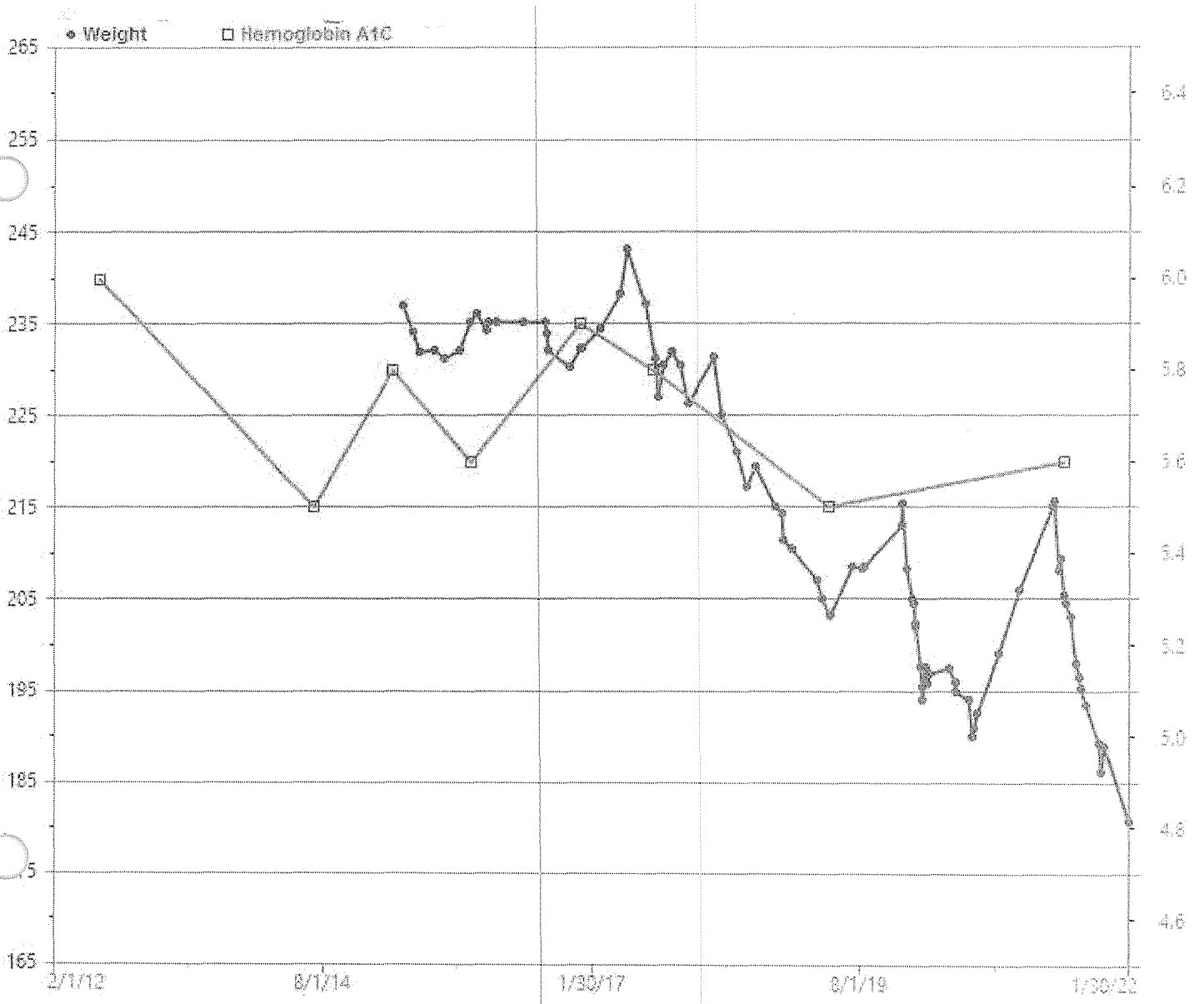


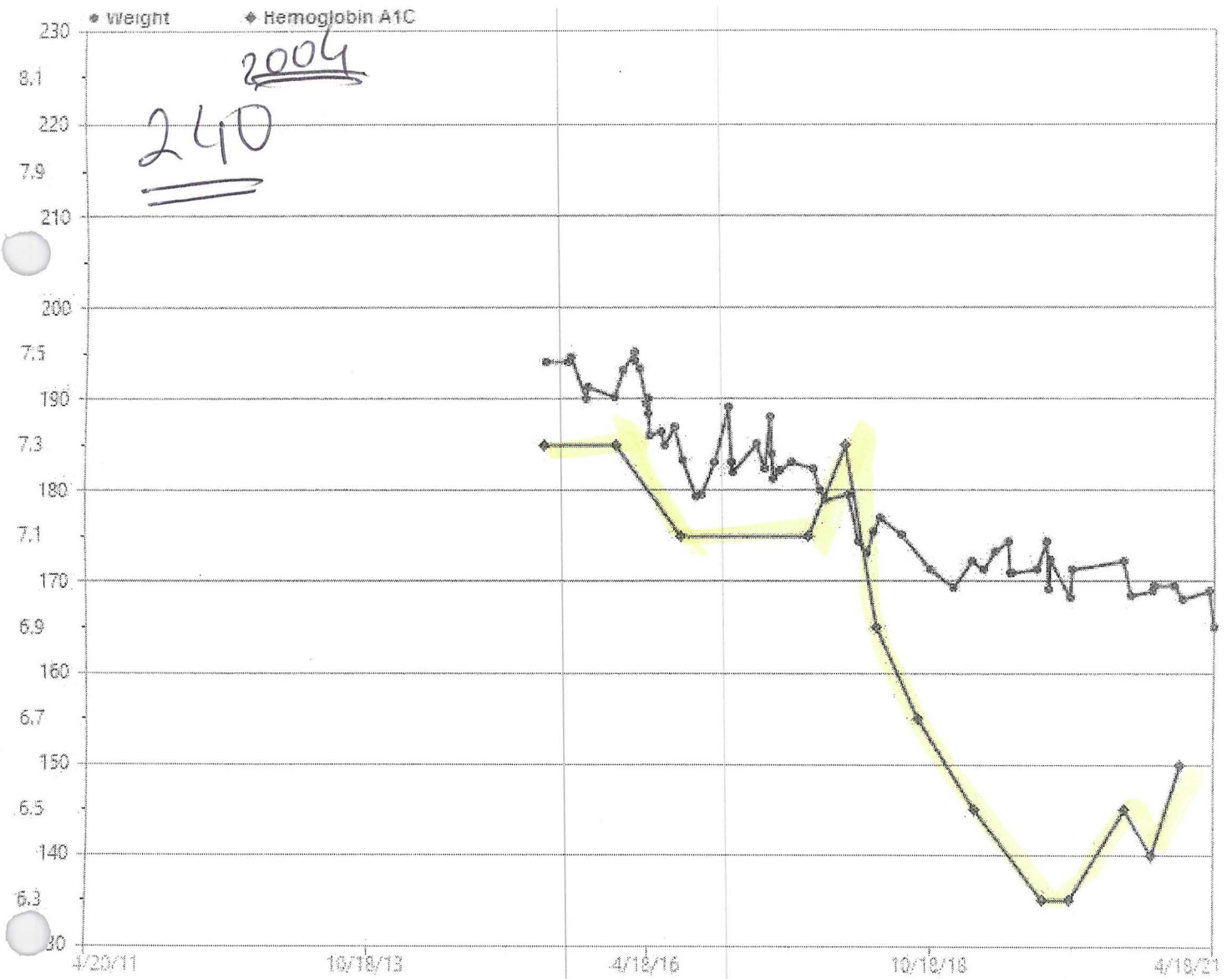
Weight Down ⇒

Diabetes Down



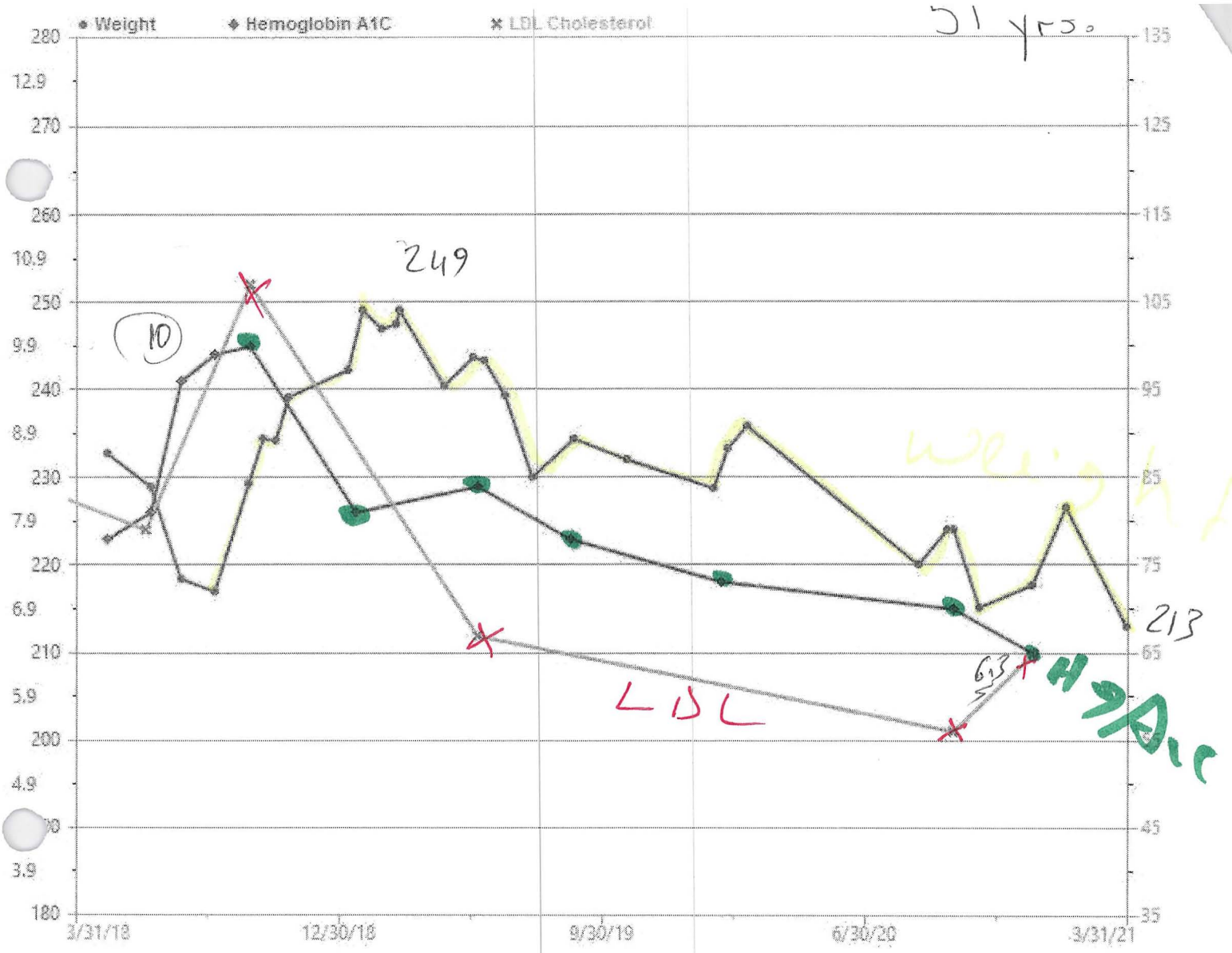
Weight loss \Rightarrow Control
Diabetes

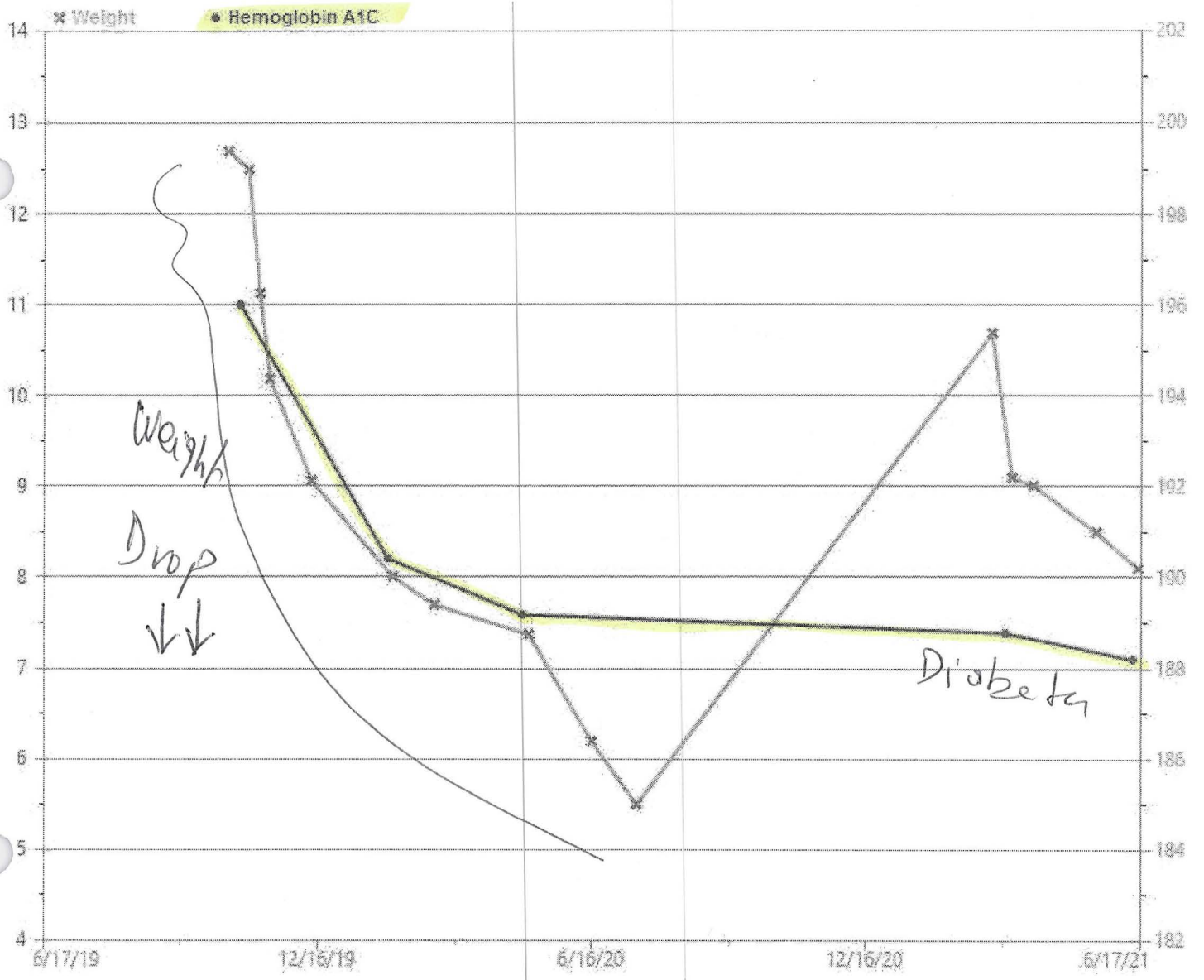


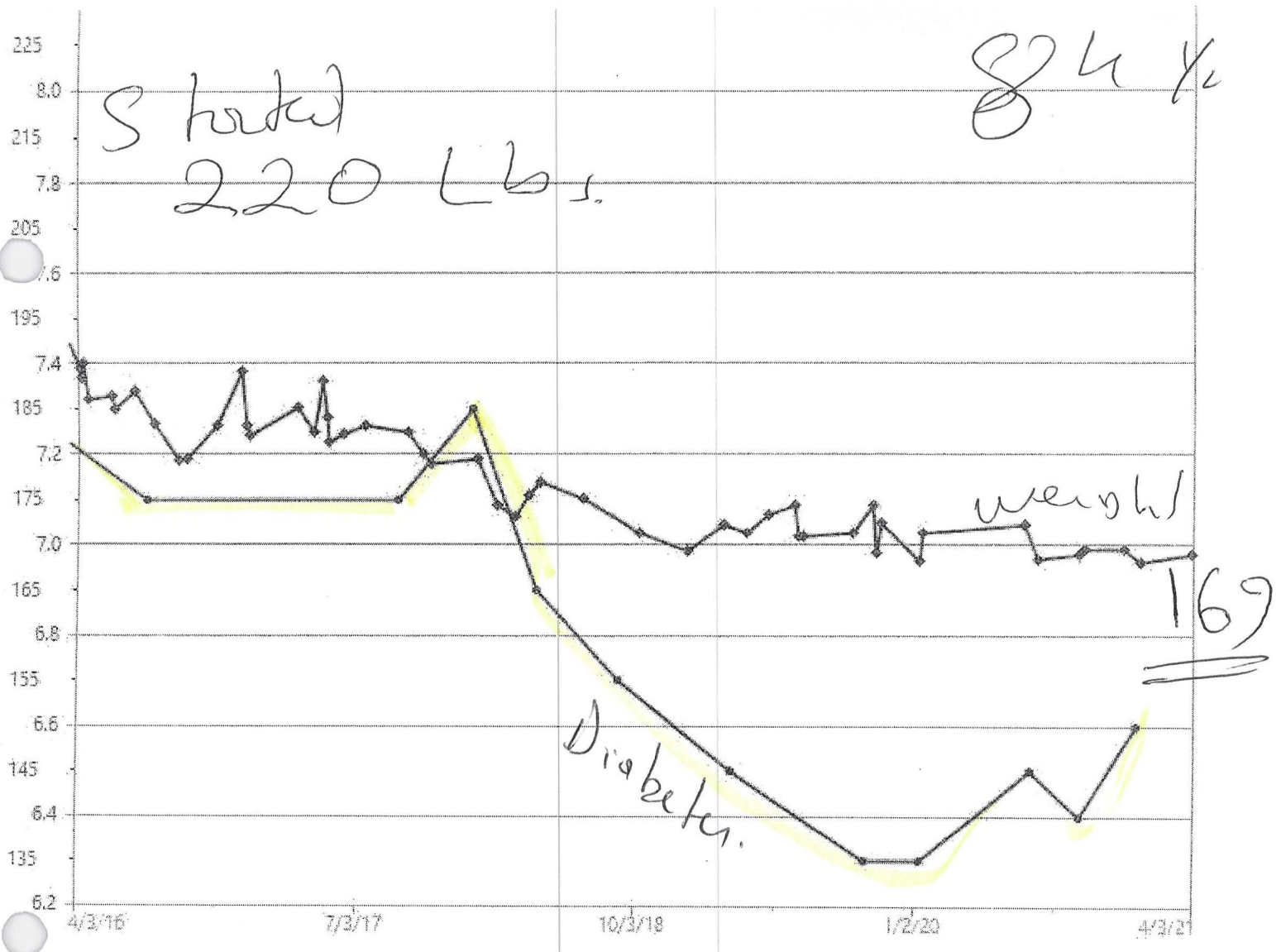


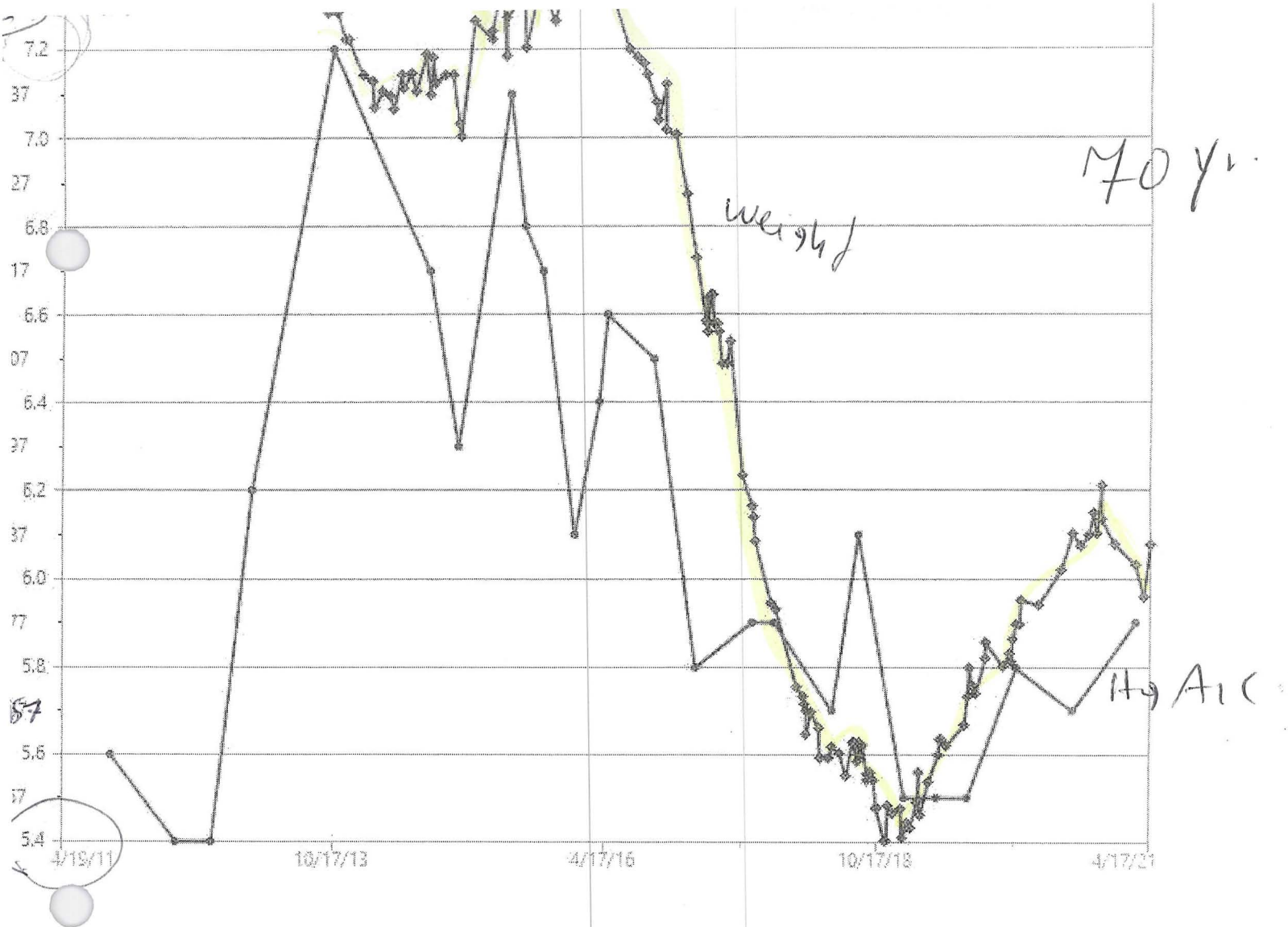
wt started @ 240 lbs in 2004

improvement
weight & Diabetes





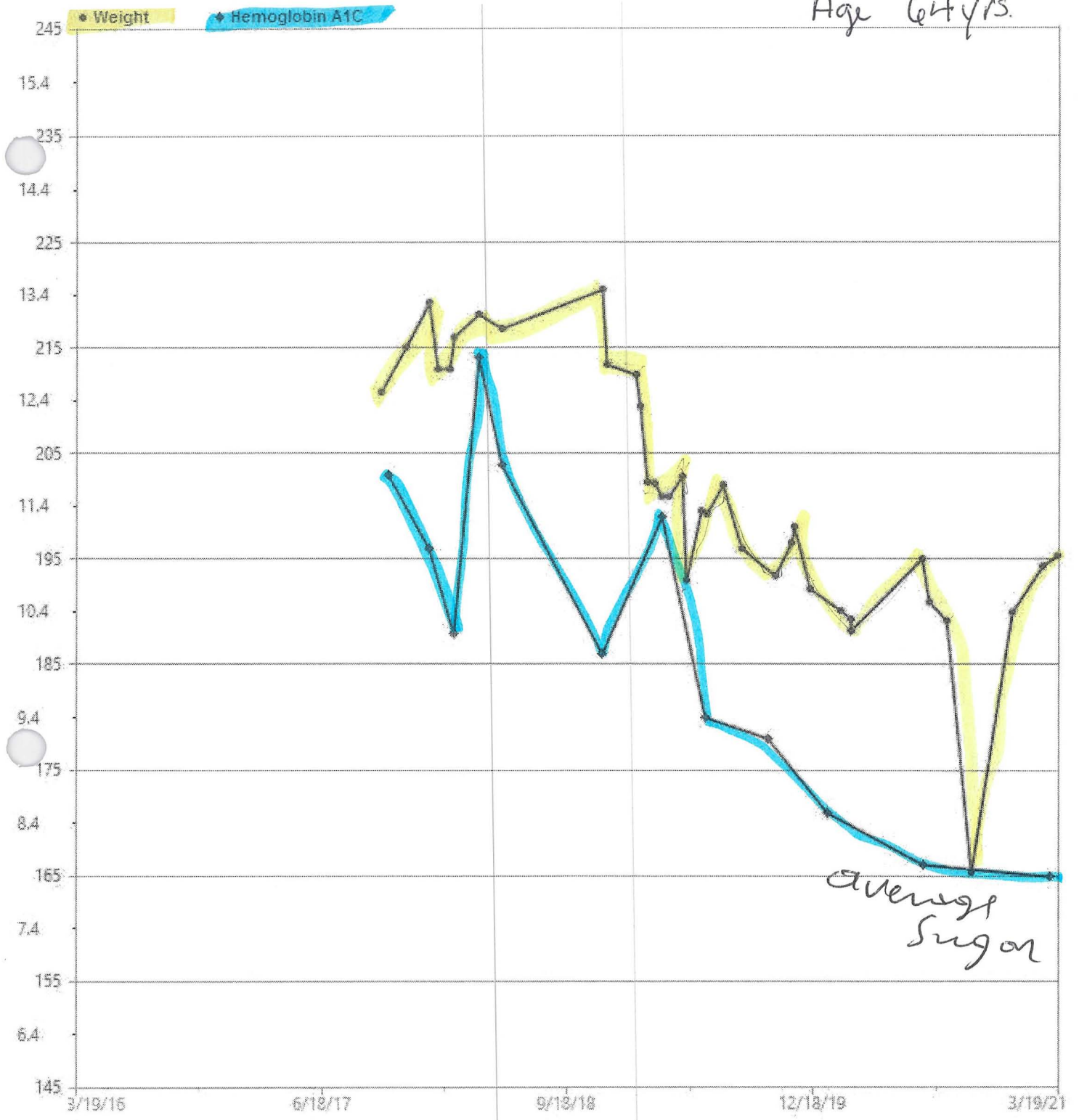




Weight & Diabetes,

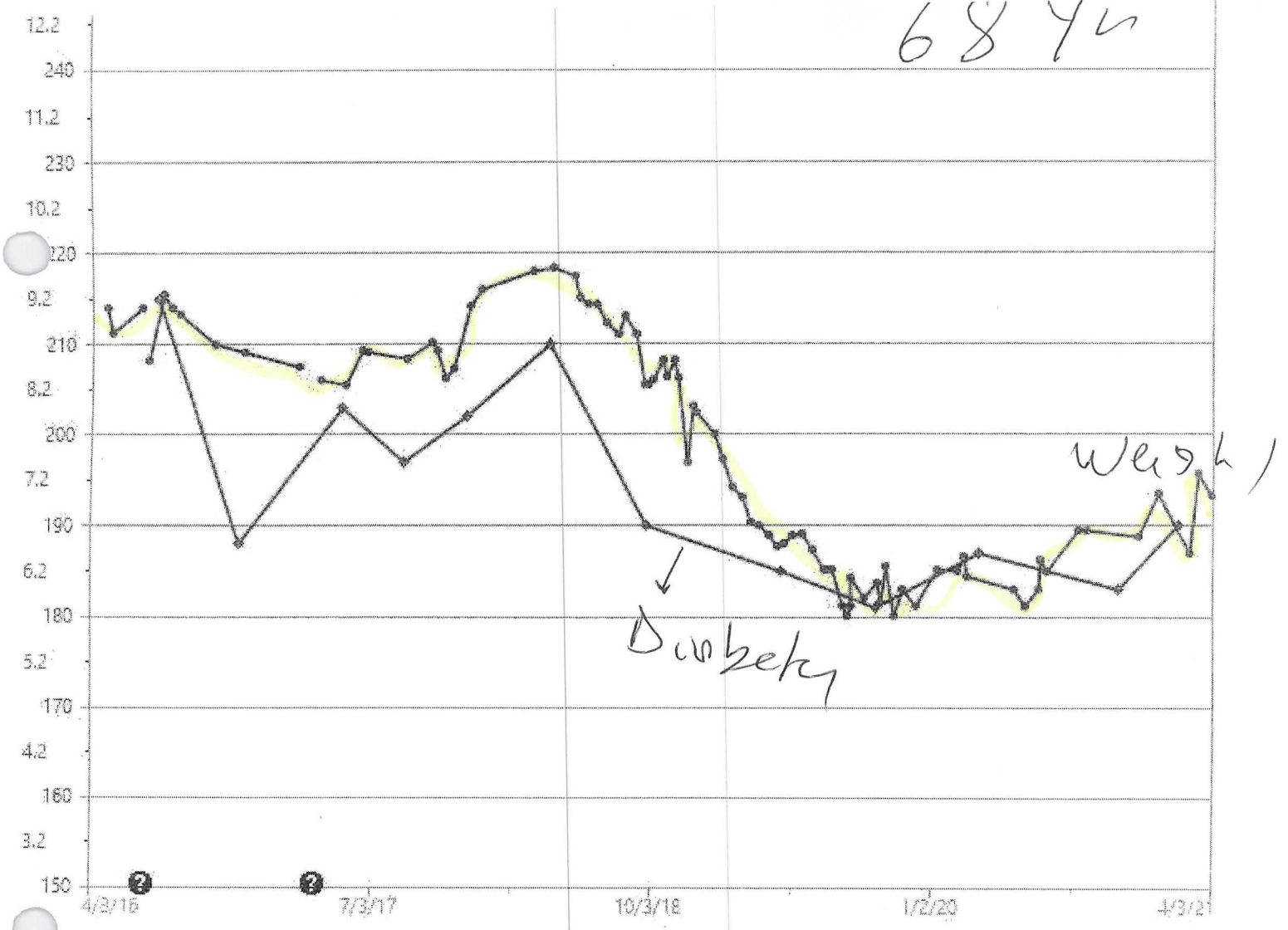
10 years

Age 64 yrs.

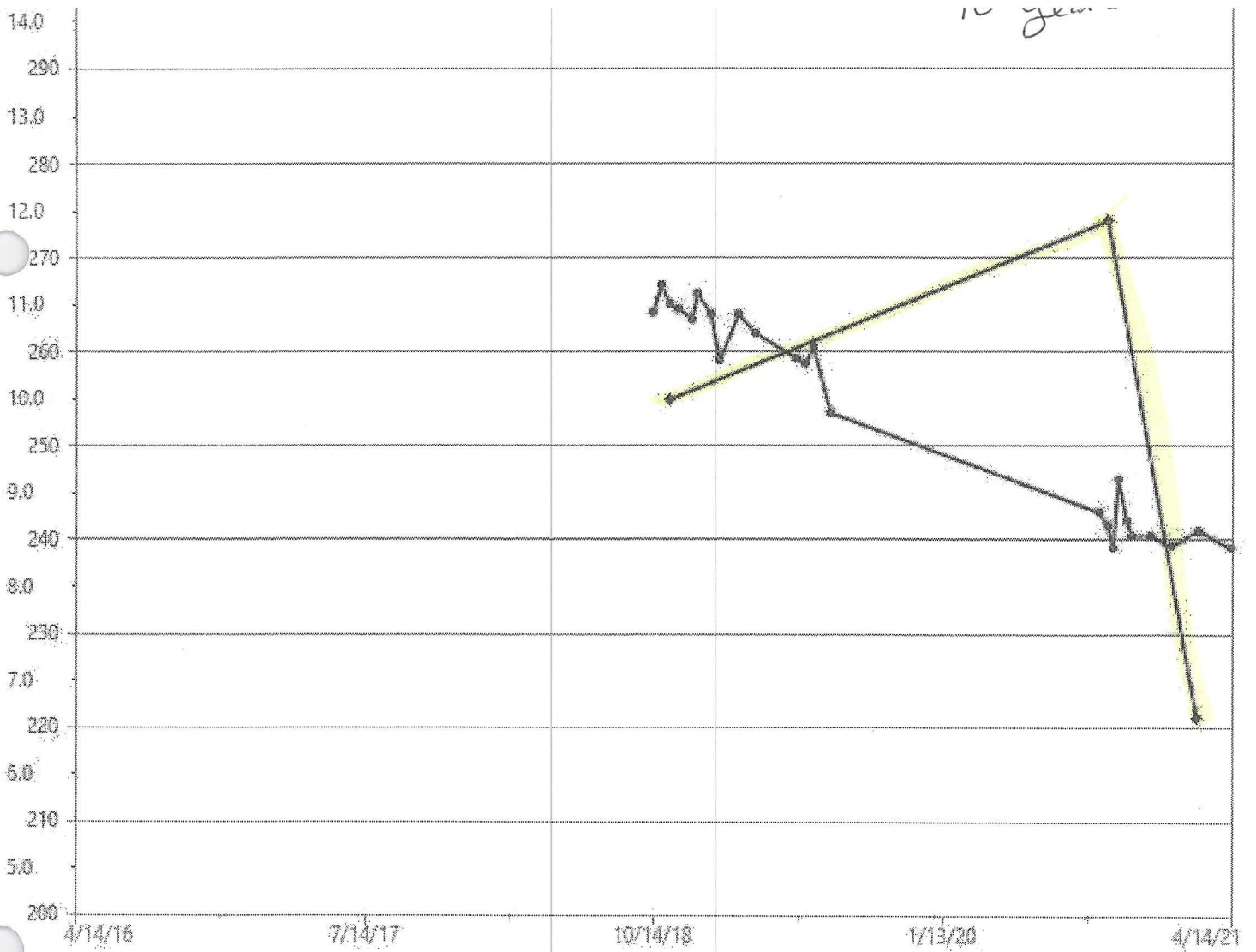


Weight & Diabetes

6874



Weight & Diabetes



Weight & Diabetes

